

INNER SILENCE

poem by Nayaswami Shivani



[THESE WORDS ARE TO ACCOMPANY THE MELODY OF
"THE SOUNDS OF SILENCE," COMPOSED BY PAUL SIMON]

Hello light my dear old friend,
I'm glad to find you here again.
In the silence of my breathless soul,
You have touched my heart and made me whole.
And the vision of the star and the deep blue light
Fills my night.
I listen, to the silence

Silence fills me to the core,
It takes me to the cosmic shore
Of the ocean beyond space and time,
Where I lose my self and then I find
A blissful reality
Of sound, and of light.
Within, the silence

Silence leads me to the door
Of the eternal evermore.
Beyond boundaries of all thought and form,
Through the tunnel where the light is born.
Where the lotus flowers bloom in the
secret garden of my spine.
In the stillness, of silence.

Silence plays its melody,
Within you and within me.
When we take the time to be alone,
We find the path that takes us to our home,
In the depths of our inmost soul where we want to be,
Where we are free.
Beyond, the silence.