

SELF-ANALYSIS AND SIGNIFICANCE OF DREAMS

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Dream hints.

In theaters human actors play dramas on the stage, while in the movies, electric shadows, emitting intelligent sounds, flicker across the silver screen.

Imagination is the mental stage on which thoughts play many dramas of varying moods. The mental dramas acted on the stage of fancy are plays, originating in the brain of the human Ego. Later, these mental dramas are either written and played materially in theaters, movies, and real life, or else played mentally on the stage of dreamland. This last kind of mental drama, or inner movie, is played on the screen of the subconscious mind.

The conscious mind works with the sense of sight, hearing, smell, taste, and touch during wakefulness, but sleeps at night. *The subconscious mind* works through memory during wakefulness and through dreams at night. It is awake during the day, working in the conscious mind making records for it, and it is also awake during sleep at night looking after the functions of the heart, lungs, and so forth, of the human engine, like an old janitor, as well as acting like a manager-operator of the mental dream-movies in dreamland. *Superconsciousness* works first in the subconscious mind and then in the conscious mind, without becoming entangled with them.

The conscious and subconscious minds have likes and dislikes. The superconscious mind works through all phases of consciousness without being even slightly attached to either the attachments and troubles of the conscious or the subconscious minds.

The dream movies.

Just as in making a motion picture there has to be a playwright, director, cameramen, and actors, so also, in the dream motion picture, stories of various scenes and dramas are created by the intelligence of the conscious mind, with the subconscious mind as the director and the visualizing subconscious imagination as the cameraman. The players are the thoughts, feelings, determinations, and desires.

The different dramas of comedies, tragedies, and real facts passing through the conscious mind are photographed by the intelligent subconscious mind. These inner mental films are stored away in the groove-like shelves in the convolutions of the grey matter in the brain.

During sleep, when the energy retires from the five sense-telephones and the muscles, it becomes concentrated in the head. The subconscious mind is a triple personality. Sometimes it is a cameraman, sometimes it is a director, and sometimes it is the operator of the inner movies. Like real motion pictures, the subjects of the inner films are various. Some are news reels of real happenings, and some are real or imaginary tragedies or comedies. However, sometimes the all-seeing superconscious mind photographs a true happening and drops the film in the subconscious movie house, to be played for the guidance of the erring Ego.

The subconscious mind, whenever it is too much taxed with the fears and worries of the conscious mind, takes revenge on the conscious mind during the state of sleep, by using the concentrated energy in the head during sleep to film a dream tragedy on the screen of relaxation. Notice that, just like the dark movie house, the subconscious mind is dark and therefore suitable to the showing of dream-movies.

The subconscious mind sometimes produces comedy pictures to delight and entertain the overtaxed conscious mind. In tragedy and fear dreams, the subconscious mind deploringly and glaringly shows to the conscious mind its undesirable actions. The conscious mind gets to see the evil which it often mentally or unconsciously performs.

When you are dreaming, you are not resting, for your mental movie house is still working and showing different pictures to the Ego of subconscious feelings and thoughts.



Meaning of superconscious dreams and visions true and false subconscious dreams visions.

Visions are created during the wakeful state by the all-seeing, all-powerful superconsciousness. The superconsciousness uses brain energy to materialize thoughts about a true event which is to happen in the near or far future, and shows it during the wakeful state with the eyes closed. When a true vision is seen with open eyes, the Life Force is projected from the brain into the ether. In this case the persons and scenes in the brain may not be true-to-touch, though they are true-to-vision, and will be true in every sense in the future if spiritual development is carried on.

The last kind of super-vision, in which one can see and touch and talk to a Saint appearing in a vision, is created by superconsciousness impregnated with Christ Consciousness, which uses Cosmic Energy and super-Divine will with which to materialize invisible Saints, or it may be possible to invite a Saint who materializes himself. Visions can be willed by Masters into the conscious mind of their true developed disciples.

Superconscious dreams.

In superconscious dreams the superconsciousness photographs real future happenings and drops them into the dream-movie-house to be filmed there for the guidance of the Ego. These dreams, good or bad, always come true. The superconsciousness is specially interested in dropping messages which will awaken the Ego to return home from wallowing in the mire of sense pleasures to the home of happiness in God. Besides very occasionally giving real dreams, the superconsciousness also gives dream hints of spiritual progress, and of the call of God.

Whenever you dream calmly about huge fires, the ocean, or vast waters, rivers, boats, angels, Scriptures, Saints, temples, churches, altars, flowers, cloudless skies, sunny lights, auroras or the moon, or of a feeling of expansion in space, then know that the time for your spiritual development is near to the working out of the effects of pre-natal or post-natal bad actions, by the power of good living in this life.

Fire represents the burning of past karma.

Light and the ocean represent vast perceptions of Self-realization in meditation.

Water represents the results of Divine perceptions attainable by meditation.

A **river** suggests plying up the river of Life Force in the spine through yoga practices or meditation.

A **boat** indicates that one should seek the right Guru (human vehicle and messenger of God), whose voice, intelligence, and spiritual perception the Divine Being uses to completely redeem the disciple in one or many incarnations. The Guru is the boat or vehicle of salvation, or the Spiritual Mariner who takes the disciple across oceans of past karma to the shores of God. A boat also represents Self-realization received through the practice of the technique of salvation received from the Guru.

Angels represent divine friends and saints in past lives who remember us and try to redeem us through silent suggestions of their presence.

Scriptures represent that the dreamer should follow the path of wisdom and study to attain the end.

Saints represent the sages whom we specially adored in the past.

Temples indicate that one should follow the teachings of the Masters.

Churches indicate that one should worship God deeply according to the yogic method of real concentration, and not be absent-minded.

Altars represent communion with God, or marriage with an extremely Divine Soul. The real marriage and the happiest one lies in the union of negative feminine Souls of all human beings, both male and female, with the only masculine, positive Soul of God.

Cloudless skies represent a serene, pure path of communion with God—spiritual development without trouble, and an abundance of clear spiritual perceptions.

Flowers represent budding of the blossoms of creative wisdom in the garden of thought. By the magic wand of “just mere willingness,” the spiritual devotee will find the right thought arising at the right time.



Sunny lights signify astral visions illuminating vast spaces during meditation.

Auroras represent Cosmic Astral Light, in which one can see all the astral planets, large and small, glittering in space, and the visitation of Cosmic Consciousness during deepest meditation.

The **moon** indicates that one should combine devotion with astral visions perceived in meditation in order to progress in the spiritual path.

A feeling of **expansion** in space represents the feeling of omnipresence felt during meditation.

And of the above visions are hints that the dreamer shows development in the above spiritual accomplishments in the past life, or in this life, and that it would be easy for him to try and develop along those lines with little resistance.

Comedy and tragedy dreams.

Comedy dreams are entertainment given by the subconscious mind requesting the conscious mind to relax and to be less serious about life.

Falling in dreams, and so forth, indicates that the dreamer should control sex thoughts. Dreams of temptations are hints that temptation is not a physical but a mental fact, and can be controlled by development of the will.

Tragedy dreams are hints of the subconscious mind to the conscious mind that it should desist from formulating dramas of worries and fears.

Beating or hurting others in dreams represents that the conscious mind should not think revengeful thoughts.

Seeing a lady in dreams signifies marriage. Seeing a house, a mine, an office, furniture, palaces, shops, or money, represents coming prosperity if some effort is made.

Sadness in a dream represents coming sickness. Flying in the light indicates spiritual development. Flying in the dark indicates prosperity. Waterfalls represent the passing out of bad Karma.

Meaningless dreams are nothing but comedy dreams and should be ignored. To dream too much is bad. Clearing the bowels by means of a laxative, and a fruit dinner at night, will do away with meaningless dreams and will give birth to superconscious dreams only.

To will dreams and visions.

Visions can be had only by going deep into meditation and then wishing to see the real state of things. It is always good to be able to dream at will before one can have a real vision.

Technique: Art of dreaming at will.

Sit in your dimly lighted bedroom just before you feel fairly sleepy. With half-open eyes steadily and simultaneously look at a portion of the room and try to visualize and memorize every detail. All the time will yourself to see all the objects of your vision in a dream and fall asleep while you are visualizing. In this way you will be able to visualize or produce a mechanical vision of anything, any person, or any place in a dream consciously produced in the subconsciousness.

Dreams are not given to you. They are created unconsciously by your own conscious, subconscious, or superconscious mind. Hence, by your conscious or subconscious mind during sleep, or by superconscious will, you can create any dream.

Visions are real, while dreams are only imaginary images. Visions of true future happenings are very useful, for they guide and mold your life when you can produce them by Christ Consciousness or superconsciousness.

The Divine man seldom dreams any false dreams. To be able to dream at will signifies that your will can materialize thoughts, and that you are getting ready to be able to produce guiding visions.

