

CHRISTIAN YOGA AND THE HIDDEN TRUTHS IN ST. JOHN'S REVELATION

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Interpreted According to Intuition Experience



The spinal passage and the seven astral doors of escape, including the medullary door through which the soul can fly to the Spirit

Of all the books in the Bible, *Genesis* and *Revelation* are the two most important. The first chapter of *Revelation*, which is the basis of this lesson, contains the hidden truths of Christian metaphysics, and Hindu Yoga as revealed through the intuition of St. John.

Revelation means “that which has been revealed.” How? Not through intelligence but through intuition. This lesson is merely a spiritual forecast; as you proceed to the highest pinnacle of understanding, these truths will be revealed to you by the light of your intuition.

What is the difference between understanding and intuition? Understanding depends upon the senses for knowledge; intuition brings direct perception of truth. When you see a rope in the dark, you may think you are seeing a snake. Your inferences are often mistaken, because your intelligence can reach its conclusions only through the data supplied by the senses. If the senses mislead you, your inferences are necessarily wrong. Intuition, on the other hand, does not depend on intelligence or sense perception. At times you have a feeling that something is going to happen. You do not hear or see anything on which to base the expectation, but it happens. This is popularly called a “hunch.” Try to change your “hunch” to controlled intuition by meditation. Thus it will become a scientific factor.

In the past, Christianity has remained aloof from Hindu religion. Real Christianity is not to be blamed for this; it is “churchianity” which is responsible for paralyzing rational religious thinking. Attending churches or temples of God-worship is a good thing, but in itself does not prove actual knowledge of God. Actually knowing God is another matter. Christianity will become the stronger for discarding dogmatic beliefs and supplementing its appeal through a study of the universally true, intuitionally received spiritual experiences of the Hindu savants.

Many religious teachers are but “spiritual victrolas.” They grind out sermons without experiencing the truths contained in them. St. John did not deliver sermons he did not realize. He wrote what he saw, felt, and learned intuitively during his meditations. Without knowing and practicing some great method of meditation (as the fifth Yogoda lesson), it is impossible to experience the mysteries of life, or to know all the intricacies of the human body, the soul, and the cosmos.

So the hidden truth in *Revelation* is intuition-discovered and will be found to be universally acceptable. Whether you are a Christian, Jew, Buddhist, or Mohammedan, if you study the truths that are interpreted here for you, not only through the intellect but through intuitive meditation, you will find that they agree with the essence of your own religious teachings.

St. John's *Revelation* can be understood and known only by Christian metaphysicians and Yogis. Jesus Christ was an Oriental and a Yogi.^[1] A document found in a Tibetan monastery proves that during his unknown life, between his twelfth and thirtieth year, he was in India and conferred with the wise men of the East (India) about the mysteries of the inner life, returning the visit they paid him at his birth.

A detailed account of Jesus' visit to India can be found in a book entitled *The Unknown Life of Christ*, by Nicholas Notovitch. This Russian having heard of the document regarding Jesus, or *Issa*^[2] in the possession of Tibetan monks or lamas, went to Tibet to verify the report. He definitely established the fact of Jesus' visit to India during the time of his disappearance from Asia Minor. Therefore, Jesus taught the oriental practical Christianity based on inner realization.

Modern Christianity, in spite of its moral and socio-religious foundation, lacks the expressions which come from self-realization of truths. Occidental Christians generally want salvation by proxy. The average Christian deems it sufficient to go to church regularly and to read the Christian Bible occasionally, though mechanically, forgetting to practice in daily life what he has heard and read. Your belief alone does not make you a Christian^[3]; it is your realization of the Christian truths that does. If you study these lessons faithfully, you will be reborn spiritually and may call yourself a Christian Yogoda, or a Christian realist, or a true Brahmin.^[4]



Intuitive study of the scriptures results in tolerance through realization of the fundamental unity underlying all faiths, whereas arrogant, purely intellectual study of the scriptures is productive of argumentation and dissension. In other words, the latter reveals but the *outer* shell of truth, whereas the former discloses truth's *inner* and *outer* aspects simultaneously. Study the scriptures after meditation, when the intuitive state is predominant.

The seven Spirits

St. John did not read a library full of books in order to write the book on *Revelation*. Jesus conferred with the Hindu Yogis on the universal art of Yoga (the art of human salvation). St. John, the beloved disciple of Jesus, received revelation after experiencing contact with the seven reflected spirits of God (Christ Consciousness and the six reflected spirits before the throne of His omnipresence. See *Revelation* 1:4 below.) St. John felt Cosmic Consciousness not only in his physical, astral, and ideational bodies, but also in the physical, electrical, and ideational universes before he ventured to write about the revealed truths. Many people try to teach after reading a few occult books. One is qualified to teach only after he has actually experienced metaphysical truths and has felt his consciousness beyond the body.



To know truth, you must experience it in your own consciousness. *The Hindu Yogis and Swamis*^[5] practicing Yoga, or the science of oriental Christian metaphysics, have given almost identical descriptions in Yoga books of all that has been recorded by St. John from his inner experiences. This proves the influence of Hindu Yoga on the teachings of Christ. Besides, there is only one truth, and there can be no fundamental difference among those who have realized it, whether they be Hindus or Christians. The moon presents the same face to all, and the one truth must likewise appear the same to all who have really lived it.

Revelation is the true record of St. John's intuitional experiences

Remember, this *Revelation* is true and will be found true not only by Christians, but by all so-called believers and unbelievers who follow the universal path to God. I am speaking from personal experience, and if you practice what you are studying, you will feel what I felt. According to the inner revelation of St. John and the Hindu Yogis, I am giving you a glimpse of the inner meaning contained in some passages in the first chapter of St. John's *Revelation*. We find in the tenth to twentieth verses of this chapter the most important record of spiritual experience and description of inner astral anatomy.

A condensed interpretation of this chapter follows:

⊕ Revelation 1:1 ⊕

The Revelation of Jesus Christ, which God gave unto him,
to shew unto his servants things which must shortly come to pass;
and he sent and signified it by his angel unto his servant John:

⊕ Revelation 1:2 ⊕

Who bare record of the word of God, and of the testimony
of Jesus Christ, and of all things that he saw.

St. John wrote only of that which he experienced while he was listening to the Cosmic Sound of OM or the Word of God and of the Christ- or Jesus Consciousness present in the Cosmic Sound. (See *Revelation* 1:10 below.)

The *angel* mentioned in *Revelation* 1:1 is intuition—a conscious force within St. John—which bore testimony of the truth coming from the vibration of *Cosmic Consciousness*^[6] and *Christ Consciousness* (*Word of God*).

⊕ Revelation 1:4 ⊕

...the seven Spirits which are before his throne...
refers to the seven manifestations of God in creating man.

All creation is divided into three macrocosmic and three microcosmic manifestations. When God brought forth creation, His manifestations took the form of three universal spirits and three macrocosmic objects. The macrocosmic is the whole—the ocean, and the microcosmic represents the unit—the wave.

Manifestations of the Spirit.

There are six *subjective* manifestations of the Spirit, reflected in its six *objective* manifestations:

- Three microcosmic objects: Idea; cosmic energy; physical cosmos;
- Three macrocosmic subjects: The ideational Cosmic Architect; the astral Cosmic Engineer; the Builder of the gross cosmos.
- Three microcosmic objects: Idea body; astral body; physical body;
- Three microcosmic subjects: The ideational-body Creator; the astral-body Creator, and the Creator of the physical human body.

In all of the six macrocosmic and microcosmic objects, the Spirit is present as six subjective forms of consciousness or as one reflected Christ Consciousness. There is only one reflected Spirit, *the only begotten son*, called Christ Consciousness, which is the manifestation, reflected in all objective creation. In the six objects the Spirit is reflected as six subjective spirits, and these six, as one reflection in all objective creation, are Christ Consciousness. This is the meaning of *the seven Spirits which are before his throne*.

⊕ Revelation 1:5 ⊕

And from Jesus Christ, who is the faithful witness,
and the first begotten of the dead,
and the prince of the kings of the earth...

Christ or Jesus Consciousness is experienced as the princely supreme force governing all other potent material forces, when one first enters the spiritual kingdom by leaving his vitally suspended physical body. This is what is meant by *the first begotten of the dead and the prince of the kings of the earth*. Christ Consciousness perpetually witnesses all changeable creation governing all matter—each atom. As you meditate and rest from the astral, physical, and ideational bodies, your first perception is Christ Consciousness. You must rise beyond your several bodies before you can attain Christ Consciousness. St. John, after he experienced the truth by contacting Christ Consciousness lying beyond these three bodies and the six spirits, revealed this truth in this chapter of *Revelation*. God Consciousness transferred the universal truth through intuition to man.

⊕ Revelation 1:10 ⊕

*The Cosmic Sound or Cosmic Trumpet or the voice
of many waters, or Om, or Amen, or the Word.*

I was in the Spirit on the Lord's day and heard behind me a great voice, as of a trumpet,^[7]

⊕ Revelation 1:11 ⊕

Saying, I am Alpha and Omega, the first and the last; and,
What thou seest, write in a book, and send it unto the seven churches. . .

That is very clearly expressed. *In the Spirit* means within St. John's consciousness. St. John was approaching the Spirit-leaving the realm of matter, i.e., the body and the material senses. He described vividly the experiences which he had as he entered the Infinite. He perceived his soul behind the ego (described as *me*) and the material consciousness and subconsciousness, and through the finer perception of the soul he heard the Cosmic Sound manifesting Itself as trumpet sound, emanation from all vibratory creation. the trumpet was *Saying, I am Alpha and Omega*. Can trumpets speak? Not literally, but the Spirit can signify a meaning through trumpets or vibratory sounds. Whenever you hear that Cosmic-Trumpet Sound, you are hearing the Aum creative-preservative-destructive vibration. This vision and conscious experience of Cosmic Sound urged him to transmit his knowledge to the world through spiritual centers and churches where people seek God and His mysteries.

⊕ Revelation 1:12 ⊕

**The seven seals, or the seven chakras, or the seven golden candlesticks,
or spiritual dynamic centers in the spine as described in the Yoga books.**

And I turned to see the voice that spake with me.
And being turned, I saw seven golden candlesticks;

St. John said in the tenth verse that he *was in the Spirit*; hence, when he spoke of *being turned*, he did not refer to bodily motions. He fixed his attention upon, and became one with, the voice which *spoke*, or vibrated within him, and as he stayed in that vibratory sphere, he perceived the seven golden astral doors of escape which lay within his physical body. The physical and astral bodies are the bodies of energy. How are they connected? The physical body is attached to the astral body by seven candlestick-like vibratory seals. Energy flows into the spine through the physical body. Just as electricity flows into the bulb through a wire passage, so the Cosmic Force flows through the medulla into the spine and its seven centers; into the body and its five sense lamps. The astral body of the life force is knotted to the physical body by seven golden candlestick-like burning seals.

What is the meaning of *candlestick*? In this book two terms have been used, *stars* as well as *candlesticks*; the former are the lights and the latter, the receptacles. *Angel* means *star*, and *church* also means receptacle.

The seven centers of light for the outgoing current are:

The mystery of the seven stars, or lotuses.

- (1) Thousand-petaled lotus star (seat of the beautiful, condensed, lotus-like, thousand-rayed life current performing the thousand-and-one functions in the body): Bliss-ether in which God and the angels abide; main dynamo. Cosmic energy enters the body through the medulla but is stored in, and distributed by, the whole brain;
- (2) Medullary centre [seat of the two-rayed lotus star of life force (positive-negative current):] Super-ether in which thoughts and the life force move;
- (3) Cervical centre (seat of the sixteen-rayed lotus star of life force): Ether through which sounds and electrons travel;
- (4) Dorsal centre (seat of the twelve-rayed lotus star of life force): Air (vitality);
- (5) Lumbar centre (seat of the ten-rayed lotus star of life force): Fire (inner life energy);
- (6) Sacral centre (seat of the six-rayed lotus star of life force): Water (circulation);
- (7) Coccygeal centre (seat of the four-rayed lotus star of life force): Earth (the gross flesh).



The spinal cord may be likened to a wire. In it are located these seven centers of light which are the subcenters for the conduction and distribution of life current throughout the body. The body is nothing but a condensation of this spinal energy—Just as invisible hydrogen and oxygen atoms can be condensed into visible vapor, water, and ice, so light can be transformed into body which is nothing but frozen energy. You must lose all fear of sickness and accidents; as your body is nothing but energy, it cannot be harmed. When you realize this you will be free.

The seven centers are the *churches* or *candlesticks*, and the seven *stars* are their dynamic radiating currents. *The Cosmic Energy enters through the medulla to be stored in the brain, whence it descends into the seven centers, feeding the seven element^[81] of which the body is composed. When these seven lights are withdrawn from the body in death, the body disintegrates.*

In passing from the consciousness of the body to that of the Spirit, one experiences these seven sub-dynamic doors of energy fixed in the astral cerebrospinal axis. *The soul must leave the physical, astral, and spiritual bodies through the seven astral doors in order to reach, and merge into, the Spirit. After it lifts its consciousness from the physical body, it must unlock, and pass through, the seven astral doors in the spine.*

The Yogoda student first contacts the Cosmic Vibration. This is the first state of meditation. In the next higher state of meditation, the Yogi lifts his attention from the body. It is then that he perceives the *seven golden candlesticks* or seven astral doors of escape in the spine and falls as dead as his energy is switched off from the body.

⊕ **Revelation 1:13** ⊕

Golden girdle or astral radiation.

**And in the midst of the seven candlesticks one like unto the Son of man,
clothed with a garment down to the foot, and girt about the paps with a golden girdle.**

St. John speaks of the form of the astral body as something similar to the *Son of man*, or the physical body which is born of man, or matter. He describes the astral body as built around *the seven candlesticks* or seven centers of golden life force, describing it as a *garment down to the foot* (the entire astral nervous system woven with filaments of nerve currents like a garment). The *golden girdle, about the paps*, or the swelled astral radiation, is the golden halo which surrounds, girdles, or spreads out around, the entire astral body. By looking steadily with unblinking eyes at the entire outline of one's body, one can see a vapor-like astral radiation—an astral aureole.

⊕ **Revelation 1:14** ⊕

His head and his hairs were white like wool, as white as snow'
and his eyes were as a flame of fire;

⊕ **Revelation 1:15** ⊕

And his feet like unto fine brass, as if they burned in a furnace;
and his voice as the sound of many waters.

The astral head is white like wool and is the thousand-petaled (rayed) super-electric lotus (main dynamo of life force) described in Yoga books.

The origin of all concentrated finer forces which govern the physical body is in the head; hence the fine, hair-like filaments of white, fleecy lights in the main cerebral centre are described as *white*, fibrous and fluffy, *like wool*. The cerebral light of thousand petals or thousand rays, as described in Hindu Yoga books, performing the thousand-and-one functions in the body, is pure and *white as snow*. White is the combination of all colors; and the cerebral astral mother cell, the feeder of the above-mentioned seven life subcentres of different vibrations and colors, is described as *white*. The seven subcentres manifest different colors, according to their rates of vibratory manifestations.

Different thoughts change the life energy into different colors.

Different thoughts register different states and colors in the spiritual eye and life force. The physical eyes proceed from one light centre, just as one switch lights the two headlights of an automobile. Thus the physical body has two eyes, but the astral body has only one eye, like *a flame of fire*. It is the one astral *flame of fire* which pours into the two eyes, giving them power and manifesting them as two. For this reason, when the two eye currents are concentrated and thrown back in the medulla by focusing the eyes on the point between the eyebrows, they are perceived as one single spiritual eye of light. (...*If therefore thine eye be single, thy whole body shall be full of light.*) When the two physical eyes manifest the single spiritual eye, then one can perceive, by continuous spiritual development, the physical body as filled with the super-lights of the supersensuous astral body. The astral head is pure white, the astral centers of lesser vibrations are golden, and the astral feet, with the lowest rate of vibration, glow yellow, like melted brass in a furnace.

All vibratory manifestations are accompanied by lights or sounds, whether we register them or not; or rather, vibrations express themselves in us through various lights or sounds. The astral body consists of different rates of vibration, manifesting themselves in different colors and voices, or sounds of many waters, or vibrating elements. Different sounds emanate from the seven elements of the astral medullary super-ether current, ether manifesting cervical current; air, or vitality, dorsal current; fire, lumbar current; water, sacral current, and the earth, coccygeal current. All these-super-ether in the medulla, ether in the cervical plexus, air current in the dorsal plexus, fire-current in the lumbar plexus; water current in the sacral plexus, and earth current in the coccygeal plexus-are the different vibrating elements which constitute the human body, and they give forth different sounds. For this reason, this astral body of many lights and colors is spoken of as emanating from elements.

Different astral sounds and the Cosmic Sound (Aum or Om).
St. John heard the astral symphony and the one voice of many waters.

The astral body, besides manifesting the individual specific sounds from the seven different centers, also manifests the one *voice as the sound of many waters*, including both macrocosmic and microcosmic physical and astral elements. The Yogi, like St. John, can distinguish, by higher spiritual methods, the different sounds of the astral symphony, emanating from the coccygeal, sacral, lumbar, dorsal, cervical, and medullary plexuses,^[9] respectively. Also the Yogi listens to the one Cosmic Voice or Sound of Om, emanating from *many waters* or elements, constituting the whole physical, astral, ideational macrocosmic and microcosmic universes. Hence, *the sound of many waters* spoken of by St. John is composed of the specific astral sounds of the seven plexuses and the one Cosmic Sound of Om. Both kinds of sounds are intuitively heard by the Yogi who has felt, or has had the vision of, the astral body.

⊕ **Revelation 1:16** ⊕

And he had in his right hand seven stars: and out of his mouth
went a sharp two-edged sword: and his countenance was as
the sun shineth in his strength.

Bliss-Space, Super-Ether, Ether. Astral cerebrospinal axis or Sushumna.

Furthermore, the seven astral centers and their seven elements are manifested as seven stars of light. The seven elements, bliss-space (the super-fine medium in which bliss abides), super-ether (the fine semiconscious vibratory medium through which thoughts are transmitted), ether (the fine vibratory medium of energy), air, fire, water, and earth (of which the body is composed) are but the seven lotuses of life force or the seven frozen star-rayed currents.

These seven stars, *burning in his right hand* in the proper channel of active force, or *sushumna*, or in the astral cerebrospinal axis, remain as vibrating life currents feeding the seven elements, bliss-space, super-ether, ether, air, fire, water, and the earth elements in the body, keeping them constantly supplied and vibrating.

The conscious Cosmic Energy first enters through the medulla and remains concentrated in the brain as the thousand-petaled electric lotus. Then it descends into the body through spinal cord and sympathetic nervous system. If these seven stars were extinguished and withdrawn from the proper channel of spinal vitality into the Spirit, the whole body would begin to decay. The body is frozen life current; therefore, as it decays under the influence of the heat of change, it must be kept frozen and fed by these constantly burning seven starry sentinels of life.

Medulla oblongata, or mouth of God. Ida and pingala currents of astral sympathetic system.

We speak of the medulla as the *mouth of God* or the finite opening in the body of man through which God breathes His Cosmic Energy or Life into flesh. This medulla, also called the *mouth of the astral body*, emanates a *sharp two-edged sword*, or a powerful, two-edged, doubly serving positive-negative current. The one Cosmic Energy must create through the law of duality and relativity, so it sprouts forth the medullary seed current into two positive-negative currents.

The birth of the two astral ganglia chains of the sympathetic system, the *Ida* current on the left and the *Pingala* current on the right side of the spinal cord, is also made possible through the dual (two-edged) creative power of the medulla. The astral and the physical medulla are like two cloven half seeds of the positive-negative physical nervous system. The astral medulla seed sprouts forth into the vital tree of life, extending its pairs of branches into the two brain hemispheres, eyes, ears, hands, feet, as well as the two pairs of numerous inner organs. The two astral sympathetic nervous currents (*Ida* and *Pingala*) act in conjunction with the astral main central or spinal *Sushumna* current. These two branches of life current emanate from the medulla seed and intertwine themselves with the *Sushumna* vital current at the spinal centers. He who knows how to withdraw his life force from the body, muscles, and senses and draw it upwards through the spinal plexuses, opening the astral-physical knots of age-old attachment, can reach the cerebrum and behold the thousand-rayed energy lotus shining there in the astral countenance with the strength of thousands of billions of crushed suns.

The light that shineth behind the darkness

Do you know why you experienced darkness when you close your eyes? The gross light vibrations of the moon, sun, and electricity blind your eyes to the powerful, mellow lights within. The average person's spiritual eye is closed but that of the Yogi is open, and he can see the inner lights at any time during the day or night. With the opening of the spiritual eye, a great light appears beyond the veil of darkness. That was St. John's; meaning when he spoke of the *light that shineth behind the darkness*.

⊕ Revelation 1:17 ⊕

The seven astral doors of escape.

And when I saw him, I fell at his feet as dead...

St. John realized, like the Hindu Yogis, that when this astral body is perceived as separate from the physical body, the energy being reversed to the Spirit, the physical body apparently consciously relaxes like that of a dead man. In conscious relaxation of the involuntary organs the astral energy goes out of the body, leaving it untenanted like a dark electric bulb from which the electricity has been switched off but can be switched on again at will. Then, beholding the separated astral body, one no longer perceives himself as a part of the perishable, brittle body bulb.

When St. John *saw him*, or the astral body and Spirit above his head, he *fell at his feet as dead*, i.e., he also perceived, in a conscious trance, his physical body, bereft of life force, lying at the feet or lower end of the floating astral body, apparently dead. Following the switched-off body current from the body bulb the soul perceives itself as an emanation of the immortal conscious Cosmic Ray which is the first Creator and the ultimate Absorber of all materialized objects. The Cosmic Ray is swallowing up all minor forms of energy, and the Cosmic Energy is being swallowed up by Conscious Space or Conscious Omnipresence. Then the soul realizes its immortality and is freed from the consciousness of physical death witnessed in many

earthly incarnations. The delusion of death, born of the soul's identification with the body, is gone, and the soul perceives itself as alive forevermore.

These eternally true astral experiences were put in writing by St. John in order that flesh-identified brothers might find redemption from the consciousness of death, earthly changes, etc. One versed in the art of astrally separating the inner body knows the causes of mortal bondage, or hell. Such a one also knows how to open the doors of mortal change or death and escape into the kingdom of Changeless Infinity. *These eternal truths and seven astral doors of escape from the prison of torturing matter are described by St. John to enable the awakened ones to fly to the home of Eternal Bliss.* Each *angel* occupies a *church*; each starry light occupies an astral *church* or *golden candlestick*, or one of the seven elements in the spine



The experiences described by St. John can be realized by sincerely practicing the fourth and fifth Yogoda lessons, the Higher lesson on the "Super-art of Realization," and the method given below.

A Yogi who can, as St. John, switch off the current from the body and listen to the Cosmic Vibration can, in an advanced state, experience the *seven golden candlesticks* or seven astral doors of escape from the body to the Infinite.

Remember: Omnipresence was our throne. We became slaves, concentrating on the senses. We must return to Omnipresence. We are not only afraid of our omnipresence, but we even try to forget it. We must transfer the soul's attention from the changing, untrustworthy sense centers to the throne of Omnipresence. Sleep is the greatest messenger of Omnipresence. Every

night the soul is given a chance to forget the little body and is enthroned in the vastness within.

It was the master's supreme wish that I pass these truths on to you; now it is "up to you" to apply them in everyday life. You have heard many lectures; what you need is study and practice in order to attain realization. The true spiritual way of studying scripture differs from the intellectual. Dozens of vague, meaningless books have been written on *Revelation*. Jesus Christ was crucified once, but His teachings are being crucified every day by misinterpretations. When you read this, meditate on it.



Heavenly Father! *Transfer our consciousness from the physical body to the spine and from it through the seven centers to Cosmic Consciousness, where Thy glory and light reign in the fulness [sic] of Thy manifestation; where the Life Force reigns in all Thy power. Peace!*

METHOD

Sit upright and straighten the spine to resemble a straight lightning rod. Concentrate the vision between the eyebrows with eyes half open. (Do not frown while doing this; keep the facial expression serene.) Now slightly move the spine to the left and right by swaying the body, changing the centre of consciousness from the body and senses to the spine. Feel the astral spine and stop swaying the body. Then let your consciousness travel up and down several times, from the coccygeal plexus at the end of the spine to the point between the eyebrows. Then concentrate on the coccygeal plexus and mentally chant Om. Again, but slowly travel up the spine, mentally feeling the coccygeal, sacral, lumbar, dorsal, cervical, and medullary plexuses, to the point between the eyebrows, mentally chanting Om in each place. When you reach the central point between the eyebrows, return downward, chanting Om at the point between the eyebrows, the medulla, and the five plexuses, and mentally feeling the centers at the same time. Continue to chant Om at the seven centers, feeling them while traveling up and down the astral spinal *Sushumna* passage. Practice the above until you distinctly feel that your consciousness is transferred from the body into the spine.

The practice of the above method will release your soul from the bondage of matter and sense attachment by enabling you to escape through the seven astral doors and become one with the Spirit.

SUMMARY

The soul, having been engaged through the ages in the three bodies-physical, astral, and ideational-is unable to cast off its shackles and escape into omnipresent Cosmic Consciousness.

The union of human consciousness with Cosmic Consciousness is impossible through imagination and intellectual study of the scriptural truths alone. Such union is possible only through knowledge of the above-mentioned seven astral spinal doors (the *seven golden candlesticks* and *stars*) and through withdrawing the life force and consciousness from the body into the Infinite and then bringing it back again. The soul, imprisoned in the body, must learn to free itself at will from its bondage. No matter what religion one professes, as he comes closer to real salvation, his is confronted with the necessity of opening the seven seals of energy and flesh in order to free the soul from the bondage of the body and unite it with the Spirit.

Both St. John in the Christian Bible and the Hindu savant Patanjali in his *Yoga Aphorisms* have spoken of this one scientific, psycho-spiritual seven-doored passage in the spine, through which all aspirants for salvation must pass to reach the Spirit consciously.

OUTLINE NOTES ON LESSON NO. 1

Q. What is *Revelation*? **A.** *Revelation* consists of those spiritual truths which were psycho-intuitively revealed to St. John and may be revealed to anyone with his state of super-consciousness.

God consciousness transferred the spiritual truths to Jesus, the man with Christ Consciousness, who through his angel consciousness, or intuition, revealed them to his disciple John.

⊕ **Revelation 1:2** ⊕

Who bare record... of all things that he saw.

All spiritual experiences were verified by the vibratory manifestation of God and the Christ Consciousness immanent in it.

⊕ **Revelation 1:4** ⊕

... seven Spirits...

The seven manifestations of God also testified to the truth of St. John's spiritual experiences.

⊕ **Revelation 1:5; Revelation 3:14** ⊕

And from Jesus Christ, who is the faithful witness...

[See also *Revelation 3:14*: ... *These things saith the Amen, the faithful and true witness, the beginning of the creation of God*]; Jesus, the Christ Consciousness, and the Vibratory Word are the faithful witnesses of everything and the source of all power and grace (ordered creation). Consciousness and sound accompany all vibratory creation, just as the running of a motor is accompanied by a droning, humming sound. The intelligently working Cosmic Motor, planets, electrons, atoms-everything emanates the cosmic roar of Om.

... the first begotten of the dead ...

[the Yogi's first contact with Christ Consciousness after he is dead, *i.e.*, after he transcends the physical, astral, and ideational bodies by conscious meditation]. ... *prince* ... (supervisor) ... *of the kings* ... (forces of the earth or universe).

⊕ **Revelation 1:8** ⊕

I am ... the beginning and the ending ...

(the vibratory relativity consisting of the beginning and end of all created things).

⊕ **Revelation 1:9** ⊕

... word of God ...

(vibratory manifestations of diverse true principles emanating from God).

⊕ **Revelation 1:10** ⊕

I was in the Spirit ...

[St. John's ego was contacting the Spirit, and he was not wholly allied with the physical consciousness].

... on the Lord's day ...

(on the day that the Lord revealed Himself as the Spirit-this can be any day for those who are spiritually awake).

... heard behind me a great voice ...

[spiritual vibration inaudible to human ears, hence intuitively perceived]. St. John was in the spiritual consciousness, hence he was free from the relativity of the dimensions and beyond the fourth dimension. Therefore, the word *behind* cannot mean direction but signifies that he was beyond the conscious and subconscious and in the superconscious state, and behind the gross bodily vibrations and the musical finer vibrations of the subtle body. **A great voice**—one great Cosmic Sound of Om emanating from Christ Consciousness and Cosmic Vibration or the Cosmic Motor. The word **voice** signifies vibration coming from a conscious Being. **As of a trumpet**—vibrations with variations. Hear the Om sound like the roar of the sea by the practice of the fifth Yogoda lesson. Om is the manifesting sound of intelligent Cosmic Vibration.



⊕ **Revelation 1:11** ⊕

Saying (declaring in the sound) I am Alpha and Omega, the first and the last...

(The Om is the origin and end of everything. As motion causes the rise, momentary suspension, and dissolution of the wave, so the Cosmic Vibration of Om at a certain state creates, then preserves, and ultimately dissolves everything in the Infinite Sea).

⊕ **Revelation 1:12** ⊕

And I turned to see the voice that spake with me...

[St. John used his attention to be one with the *voice* (conscious Cosmic Vibration) that was consciously vibrating within, suggesting infinite spiritual meanings].

And being turned, I saw seven golden candlesticks;

[He saw, *i.e.* intuitively felt, the seven receptacles (centres) of light-not the lights themselves].

⊕ **Revelation 1:13** ⊕

And in the midst... one like unto the Son of man...

[Around the seven centers as the base, he saw one subtle luminous body like the physical body (*Son of man*).]

⊕ **Revelation 1:14** ⊕

His head and his hairs were white like wool,...

[The thousand-petaled lotus of Life Energy is white and is the seat and origin of all colors; wool suggest softness.]

... his eyes were as a flame of fire—

(the third or spiritual eye burning as *one* flame, and not the two gross flames of life energy which are present in the physical two eyes).

⊕ **Revelation 1:15** ⊕

And his feet like unto fine brass...

[seat of grosser vibrations of brighter color, as brass (yellow), symbolized as feet]

... and his voice as the sound of many waters.

(Christ Consciousness and Cosmic Vibration manifested the varying Cosmic Sound of Om).

⊕ **Revelation 1:16** ⊕

And he had in his right hand^[10] seven stars:

[His subtle body had in the seat of stronger virtuous activity (the spine) seven condensed luminous centers with seven different vibrations—the creators of the seven *tattwas* or elements.]

... and out of his mouth went a sharp two-edged sword: ...

[Out of the luminous medulla proceeded two currents of optic life current which feed the two eyes and all other organs created in pairs.]

... and his countenance was as the sun shineth in his strength.

[The head is the seat of concentrated energy.]

⊕ **Revelation 1:17** ⊕

And when I saw him, I fell at his feet as dead ...

[During the time of the vision of the subtle body and the centers, there was relaxation of energy in the involuntary organs of the body; otherwise the outgoing life current would have kept the mind distracted with gross sensations. The deathlike physical body was perceived in a conscious trance as resting under the hovering luminous feet of the astral body.]

⊕ **Revelation 1:20** ⊕

Seven stars ...

[the seven vibratory spiritually visible currents]

... seven golden candlesticks ...

[seven centers or seats of the subtle energy star lotuses].

NOTES | ST. JOHN'S REVELATION

- 1 Yogi: One (man, woman, or child) who unites himself or herself scientifically with God through Yoga methods [art of God-contact].
- 2 Issa: Sanskrit, meaning Lord.
- 3 Christian: One who has Christ Consciousness.
- 4 Brahmin: Originally, one who has been reborn spiritually. The supreme teacher recognized only two castes: the Sudras (those bound to the body) and the Brahmins (those having attained Brahma--or God Consciousness). The four-caste system, which is of comparatively recent origin, recognizes the following castes: (1) *Sudras* (laborers), (2) *Kshatriyas* (warriors), (3) *Vaisyas* (merchants), (4) *Brahmins* (priests). Under this system, children automatically take the caste of their parents. Originally, caste was based on different qualities.)
- 5 Swami: One who has achieved self-mastery and is endeavoring to attain perfection through renunciation.
- 6 Cosmic Consciousness: God, the Father, or the Consciousness beyond all creation. Christ Consciousness: The Consciousness in all vibratory creation.
- 7 Compare Yoga Aphorisms of the Hindu sage Patanjali: The symbol of Spirit is Aum [OM], the Cosmic Sound.
- 8 Bliss-ether, super-ether, ether, air, fire, water, and earth.
- 9 Medullary plexus = OM Astral Symphony of all plexuses; Cervical plexus = Roar of ocean; Dorsal plexus = Long drawn-out bell sound; Lumbar plexus = Harp; Sacral plexus = Flute; Coccygeal plexus = Humming sound, like bumble bee.
- 10 The "right hand" is the spine through which the Cosmic Current first descends, with full power, into the body, and the "left hand" is the sympathetic nervous system through which the life force flows comparatively more feebly.

☞ *Super-Advanced Course No. 1, Lesson 1, 1930* ☞